

# **SREE NARAYANA TRAINING COLLEGE**

**Nedunganda , Varkala**

**Affiliated to the University of Kerala, Recognized by UGC, NCTE, Re-Accredited by  
NAAC with A Grade**



## ***NATIONAL WEBINAR SERIES***

**"INTELLIGENTIA BEYOND DISCIPLINES: CROSS-DISCIPLINARY  
COLLABORATION IN EDUCATION 2024-25."**

**REPORT**

## SESSION 1

# PSYCHO SOCIAL CAUSES OF INCREASING VIOLENCE AND CRIMINAL BEHAVIOUR AMONG CHILDREN AND ADOLESCENTS AND INTERVENTION

**Date & Time:** 27/03/2025 | 10:00 A.M.

**Session:** National Webinar Series – Phase IV, Session 1

**Resource Person:** Dr. Jayaprakash R., Professor of Paediatrics and Child Psychiatrist at SAT Hospital, Government Medical College, Trivandrum.

The Internal Quality Assurance Cell (IQAC) of Sree Narayana Training College, Nedunganda, Varkala, organized an insightful seminar as part of its National Webinar Series - Phase IV under the cross-disciplinary initiative titled *"Intelligentia Beyond Disciplines: Cross-Disciplinary Collaboration in Education 2024-25."* The event was held on March 27, 2025, at 10:00 AM in the college auditorium and was attended by students, faculty members, and professionals from diverse educational backgrounds.

The session commenced with a prayer by the college choir, setting a solemn tone for the serious and sensitive themes to be addressed. Dr. Sangeetha N.R., Associate Professor and IQAC Coordinator, welcomed the gathering, emphasizing the relevance of the seminar's theme in the present educational and social context. The presidential address was delivered by Principal Prof. (Dr.) Sheeba P., who acknowledged the college's commitment to holistic education and the need to address pressing psychosocial issues affecting today's youth. The inaugural address was given by **Sri Aji S.R.M., Executive Member of the S.N. Trusts, Kollam**, who lauded the institution's role in promoting value-based education and cross-disciplinary dialogue.

The theme presentation, which formed the core of the seminar, was delivered by the distinguished **resource person, Dr. Jayaprakash R., Professor of Paediatrics and Child Psychiatrist at SAT Hospital, Government Medical College, Trivandrum.** The topic for the session was *"Psychosocial Causes of Increasing Violence and Criminal Behaviour Among Children and Adolescents and Intervention."* Dr. Jayaprakash offered a profound and evidence-based analysis of the growing trend of violent and disruptive behaviour among adolescents, stressing that behind every act of violence lies a complex personal and societal narrative.

The session comprehensively examined the multifaceted reasons for violence among adolescents, including emotional neglect, family breakdown, peer pressure, and lack of social support. One of the key focus areas was the impact of modern technology, where Dr. Jayaprakash elaborated on how excessive exposure to digital media, online games, and social networking platforms has contributed to behavioural changes, reduced empathy, and increased aggression in teenagers. The discussion also addressed the alarming influence of pornography and substance abuse, highlighting how easy online access and peer experimentation have normalized harmful behaviours and triggered addictive patterns.

Another crucial point addressed was the role of media in shaping adolescent attitudes and normalizing violence through entertainment content, reality shows, and news sensationalism. Dr. Jayaprakash presented a compelling case for early intervention, parental awareness, and the need for counselling frameworks within educational institutions. He proposed practical strategies to address these issues, such as integrating life skills education, setting digital boundaries, establishing school-based counselling centers, and conducting regular sensitization programs for teachers, parents, and students.

The session was highly interactive, with students actively engaging in the discussion, sharing their thoughts, and asking pertinent questions. Their feedback reflected a strong awareness of the issues and a desire for constructive solutions and support systems. The seminar concluded with a vote of thanks by Ms. Achanya M. A. from the Department of Malayalam, who expressed gratitude to the resource person, dignitaries, and participants for their valuable contributions.

Overall, the seminar was a resounding success in raising awareness about adolescent violence and psychosocial challenges, and in reinforcing the need for collaborative, educational, and therapeutic interventions. It reflected Sree Narayana Training College's continuing commitment to academic excellence and student well-being.



  
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